





RUSSELL
AQUATICS
SWIM SCHOOL

Russell Cares

Outlining COVID-19 Procedures

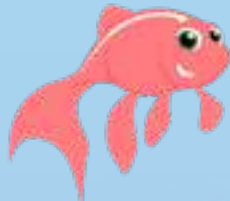



To Be a Russell Fish...





So you wish
To be a Russell fish?
To be a fish
We must insist

If you're sick, class must be missed
Hands should be washed up to the wrist!




And if your forehead's feeling hot
Attending class? You should not!
If you've travelled to a spot
In a plane, a car or yacht
Do you think you can be taught?
We are sorry - you can not!

But we missed you a lot!
Especially as it gets so hot
if your hands are nice and clean
At least 2 metres in between...



and you wish
to be a fish?
You'll be a fish!
A Russell fish!





A Letter from our Owners

Dear families,

We are so thrilled to be able to offer lessons and share our water safety messages with our community once again! We understand that this has been an incredibly challenging and worrisome time and have been thinking of all of you throughout during our months apart.

We have been working hard to ensure that in returning to our facility, we are able to keep our swim families and staff as safe and healthy as possible. We've put together this package in order to share the precautions that we're taking and communicate the ways that we're working to keep you safe.

We ask that you be patient with us as we navigate the new normal. Know that we will continue to adapt in order to keep our swim families and staff safe so don't be surprised if you see additions or changes to the precautions that we're taking.

We want to thank our clients for their ongoing support - especially through these challenging times. We understand that not everyone will feel comfortable returning to lessons right away but we can't wait to welcome you back when the time is right for your family.

We hope to see you soon!

Kerri Russell- Channer

Kristi Russell



Russell's Commitment to Clean

Now more than ever, we are prioritizing the cleanliness of our facility to ensure that you and your family feel comfortable and safe coming to lessons. Our staff are working hard to **sanitize all surfaces and touch points** at least every hour using hospital grade cleaners.

As always, we are committed to **maintaining our pool chemistry** with our water turning over more than twice the regulated amount. Our UV filtration system gives the final blow to any left over bacteria, pathogens and viruses ensuring our water is as clean as can be!

Please note that procedures may be subject to change

Screening our Swim Families & Staff



In order to prevent the risk of potential spread, we will be asking everyone entering the facility to **answer a few quick questions** to make sure you're feeling well enough to participate in lessons. This includes our staff, students, parents, guardians and anyone else who might be coming through our doors. Please note that as per York Region's guidelines, masks will be mandatory while outside of the pool as of July 17, 2020.

In the event that someone arrives for a lesson and is **deemed unfit to enter the facility**, we will ask that all members of that party return home and give us a call to make arrangements for a make-up class.



Please note that procedures may be subject to change

Social Distancing

We want to avoid the busyness and congregation that usually occurs in the change rooms and on the pool deck. In order to keep families safe this summer, we've placed **one way traffic** and social distancing reminders throughout the facility.

Floor stickers and wall signs will inform families which direction they should be travelling and show appropriate distancing. We also ask that families **do not congregate** in changing rooms, on the pool deck or in other common areas.



Please note that procedures may be subject to change

Reduced Amenities

In an effort to minimize risk, we have temporarily removed and/or **closed some amenities** such as our bathing suit dryer, drinking fountain, our children's play area and provided hair dryers.

We have reduced the number of showers and change room stalls available and the number of chairs in our viewing area. We will also be **unable to lend** out or provide sample sizes of goggles, swim caps, Happy Nappy swim diapers and more. Packaging cannot be opened until after purchase.



Temporarily
Closed!

Please note that procedures may be subject to change

Controlling Spectator Capacity

In order to reduce the number of spectators and individuals in the building, we ask that **only one parent or guardian accompany students per family**. We encourage families to rotate family members who bring the child, where possible so that the whole family can see their progress! Students in the same family who have staggered classes are welcome to sit with the adult while they wait for their class.

It's important to note that **limited seating** means that if you're comfortable, it might be a good idea to arrange to drop off the student and then pick them up after class. Please also note that our **children's area is temporarily closed!**



Minimize Time in the Change Room

We ask that where possible, students **arrive with their bathing suits under their clothes** and **shower at home**. While we acknowledge that this isn't always possible, there will be limited change rooms and showers available and we insist that showers be limited to a maximum of three minutes.

Please also note that **hooks and lockers are extremely limited** due to distancing precautions. Coat racks will be provided but we ask that where possible, parents/ guardians hold on to the students belongings.



Please note that procedures may be subject to change

Education-Based Safety Measures

We know the importance of education in keeping our swim families and staff safe. All of our staff including instructors and administrators will have undergone **virus-specific training** to ensure that they are confident with the precautions in place and understand how we're keeping everyone safe.

They will be trained on proper use of PPE, sanitization protocols, new teaching techniques and more.



If You're Not Ready, We Ask...

We know that this is a challenging time for everyone and we want you to come back when you feel comfortable. We want you to know that when you're ready, we're here! We understand some are feeling more apprehensive or have been impacted in different ways but we have a favour to ask.

If you believe as much as we do that water safety is something that shouldn't be taken lightly, be a Water Safety Champion!

How To be a Water Safety Champion:

1. Never let anyone **swim alone** - even if they know how to swim!
2. If you or someone you know is a non-swimmer, **take precautions**. Wear a life jacket (not a puddle jumper or arm floaties!), stay where you can touch and if it's a child, ensure that someone is **ALWAYS** within arms reach.
3. When supervising children in the water, **put away distractions** - especially cell phones.
4. If you have a pool, hot tub, kiddie pool or live near a body of water, make sure precautions are in place to **keep your community safe**, including children or vulnerable groups outside of your home. Kiddie pools should be drained, pools should be within a latchable (and preferably lockable) fence and hot tubs should be closed and locked outside of use - even in the colder months!
5. Educate! **Share your knowledge** of water safety with anyone who will listen! Even in the winter, it's important to have precautions in place. Advocate for the safety of vulnerable groups in your community!

Questions?

If you have any questions or are looking for some clarity on any of the precautions that we've implemented, give us a shout!

Phone

905-471-6767

Email

info@russellaquatics.com

Looking to register?

Visit us at www.russellaquatics.com and select the orange **“Register”** icon!





RUSSELL
AQUATICS
SWIM SCHOOL

We Hope to See
you Soon!

Stay Healthy!
We Miss You!

